

**NESTLÉ HEALTH SCIENCE DEVELOPS RECIPES FOR BLENDED DIETS USING COMPLEAT® FORMULAS AS A BASE**

*Homemade Blenderized Tube Feedings Allow Patients to Experience a Variety of Real Foods and Become Involved in Mealtime*

Bridgewater, NJ, — Nestlé Health Science introduces homemade blenderized tube-feeding recipes using Compleat®, Compleat® Pediatric and Compleat® Pediatric Reduced Calorie formulas as a base. As many as 30 breakfast, lunch, dinner and snack recipes for blended diets can be accessed on myCompleat.com. The website features downloadable recipe booklets and recipe videos created to help patients and caregivers blenderize Compleat® formulas with additional real food ingredients.

“Homemade blenderized tube feedings allow patients to include a variety of real foods in their diet and provide a way for caregivers to involve their loved one in family mealtime, but preparing homemade tube feedings providing complete and balanced nutrition exclusively from conventional foods can be challenging,” said Carol Siegel, MS, RD, Director of Medical Affairs for Nestlé Health Science’s Medical Nutrition business in the United States. “Using a Compleat formula as a base for a home blenderized tube feeding is convenient and provides all required daily nutrients.”

The recipe booklets available on myCompleat.com offer kitchen, storage, preparation and feeding tips, as well as instructions on preparing blenderized recipes with Compleat® formulas. For easy kitchen reference, a two-page guide on preparing a homemade blenderized tube feeding can also be downloaded. **Before starting or switching to a homemade tube-feeding regimen, patients and caregivers should consult with their healthcare professional.**

The new Compleat® family of tube-feeding formulas used as a base in the blenderized tube-feeding recipes now include:

- A blend of six fruit and vegetable ingredients (tomatoes, peaches, green beans, carrots, cranberry juice concentrate, and peas)
- Brown rice syrup – no corn ingredients
- No soy ingredients
- Protein from milk protein concentrate, pea protein concentrate, and dehydrated chicken powder

For more information on the improved family of Compleat® formulas and to access blenderized tube-feeding recipes using the formulas as a base, please visit: [myCompleat.com](http://myCompleat.com)

**About Nestlé Health Science**

Nestlé Health Science, a wholly-owned subsidiary of Nestlé, is a health-science company engaged in advancing the role of nutrition therapy to change the course of health for consumers, patients and its partners in healthcare. Nestlé Health Science’s portfolio of nutrition solutions, diagnostics, devices and drugs, target a number of health areas, such as inborn errors of metabolism, pediatric and acute care, obesity care, healthy aging, and gastrointestinal and brain health. Through investing in innovation and leveraging leading edge science, Nestlé Health Science brings forward innovative nutritional therapies with clinical, health economic value and quality of life benefits. Nestlé Health Science employs around 3,000 people worldwide and is headquartered in Epalinges (near Lausanne), Switzerland.

For more information, please visit: [nestlehealthscience.us](http://nestlehealthscience.us)

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**COLON CANCER ALLIANCE CONNECTS CLINICAL TRIAL FINDER WITH ONLINE SUPPORT FOR PEOPLE WITH COLON CANCER AND THEIR FAMILIES**

*CCA partners with Smart Patients to link their Clinical Trial Finder to a new online community that will give patients and families access to support and learn from one another.*

Washington, DC- The Colon Cancer Alliance (CCA) announced that they are strengthening their collaboration with Smart Patients, an online peer-to-peer support forum for patients and their families, by connecting their Clinical Trial Finder with the online support of the Smart Patients colorectal cancer community. People affected by colorectal cancer and their families can join the online support site for free to share, interact, and learn from each other in a safe, supportive environment. Linking the easy-to-use clinical trial tool to a strongly networked community extends CCA’s ability to provide hope and support to patients and families, while connecting them to the latest information, expert resources and cutting-edge tools that they need to get through a cancer diagnosis.

Patients are invited to make their own personalized top 10 colorectal cancer clinical trial list with the Clinical Trial Finder, then discuss them with their care team. To personalize the list, patients specify a few key characteristics about their situation. This includes the molecular profile of their tumor, which is now determined for most newly diagnosed colorectal cancer patients. Then they are invited to join the colorectal cancer community through the following link: [smartpatients.com/cca](http://smartpatients.com/cca)

Individuals can join the community by securely sharing their email address and setting up a free personal account. Once the account is confirmed participants will have access to information, resources, and be able to participate in community conversations on topics of interest.

By utilizing both The Clinical Trial Finder and joining the community, patients and their families can easily find trials, track the ones they’re interested in, and discuss them with the online community.

Roni Zeiger, co-founder of Smart Patients, says, “What we are doing together isn’t just about community or about clinical trial tools. It’s about the intersection of the two, where scientific data meets real people and real stories. That’s what makes this collaboration so unique and useful to patients and their families.”

Colorectal cancer is the third most commonly diagnosed cancer in America. Colon cancer strikes both men and women equally and affects all races. About 130,000 Americans will be diagnosed with colon cancer this year alone and about 50,000 Americans die from colon cancer each year.

**About the Colon Cancer Alliance**

The Colon Cancer Alliance is a national nonprofit committed to ending colon cancer within our lifetime. Working with our nation of passionate advocates, we are empowered to support the needs of patients and survivors, eager to raise awareness of preventative screening, and poised to help fund critical research.

**We are fiercely determined to end colon cancer once and for all.**  
[ccalliance.org](http://ccalliance.org)

**About Smart Patients**

Smart Patients is an online community where patients and their families affected by a variety of illnesses learn from each other about treatments, challenges, and how it all fits into the context of their experience. While providing patients with safe and high quality peer support, we help the healthcare system learn from patients in order to serve them better.

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