

***Barrett's Esophagus:
Emerging Evidence for Improved
Clinical Practice***

Editors: Douglas Pleskow
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This is a well-written book that summarizes in a very succinct way the most up-to-date knowledge about Barrett's esophagus and gives an excellent overview of current and future clinical management of this disease. The book has an adequate number of graphics and tables to clarify specific points. The quality of the information and the way it has been written makes it a very valuable tool for any endoscopist treating this condition or for gastroenterologists or surgeons in training.

This book provides a very detailed description of the comprehensive clinical management of Barrett's esophagus including emerging technologies, current guidelines, and the future of the field. It also provides an extensive literature analysis, a description and suggested management of complications, and a glimpse of future research areas.

This book is mainly written for gastroenterologists and surgeons with an interest in advanced endotherapy, but it would be a great consultation source for the general gastroenterologist or for trainees in the field of endoscopy.

The book has 15 chapters and is organized starting with the history and definition of Barrett's esophagus followed by epidemiology, diagnosis (including emerging technology), treatment, chemoprevention, and surveillance. Most of the chapters have a good number of graphics, photographs and tables, which makes the content easier for the reader. I think this is a well-written book by experts in the field, providing a detailed view of a common condition that gastroenterologist face on a frequent basis. This book is a first edition, and it would be a very useful consultation source. There are other books available that also focus on Barrett's esophagus, but I find this book very complete, well organized, and easy to read which makes it an ideal addition to a gastroenterologist's library.

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